

**SRI GURU GRANTH SAHIB WORLD UNIVERSITY**  
**DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS TECHNOLOGY**  
**THEORY TIME TABLE (2025)**

M.P.Ed SEM III Batch 2024 W.e.f: 23 JULY 2025

DAYS/TIME	10:00 – 11:00	11:00 -12:00	12:00-1:00	1:00-2:00
Monday	Sports Medicine	Science of Coaching	Computer Application	Research Proposal / Teaching pedagogy and curriculum design
Tuesday	Sports Medicine	Science of Coaching	Computer Application	Research Proposal / Teaching pedagogy and curriculum design
Wednesday	Sports Medicine	Computer Application	Science of Coaching	Research Proposal / Teaching pedagogy and curriculum design
Thursday	Science of Coaching	Sports Medicine	Computer Application LAB	Research Proposal / Teaching pedagogy and curriculum design
Friday	Computer Application LAB	Sports Medicine	Science of Coaching	Research Proposal / Teaching pedagogy and curriculum design

Sports Medicine: Gurpreet Singh Cheema -05  
Computer Application: Computer Dept. -05

Science of Coaching: Dr. B. S. Ghuman / Mr. Sukhwant Singh  
Research Proposal / Teaching pedagogy and curriculum design: Pro. Dr. Bhupinder Singh Ghuman  
Dr. Kamaljeet kaur -05

M.P.Ed SEM-I W.e.f: 04 Aug 2025

DAYS/TIME	10:00 to 11:00 AM	11:00 to 12:00 PM	12:00 PM to 01:00 PM	01:00 PM to 02:00 PM
<b>MONDAY</b>	Health Education	Research Methodology in Physical Education	Kinesiology	Test, Measurement & Evaluation in Phy. Edu.
<b>TUESDAY</b>	Health Education	Research Methodology in Physical Education	Kinesiology	Test, Measurement & Evaluation in Phy. Edu.
<b>WEDNESDAY</b>	Research Methodology in Physical Education	Health Education	Test, Measurement & Evaluation in Phy. Edu.	Kinesiology
<b>THURSDAY</b>	Research Methodology in Physical Education	Health Education	Kinesiology	Test, Measurement & Evaluation in Phy. Edu.
<b>FRIDAY</b>	Kinesiology	Research Methodology in Physical Education	Test, Measurement & Evaluation in Phy. Edu.	Health Education

Research Method. In Phy. Edu- Bahadur Singh -05  
Test, Measurement & Evaluation in Phy. Edu.- Ramandeep Singh-05

Kinesiology- Sukhwant Singh-05  
Health Education- Food Processing Dept.-05 Harmeet singh

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**B.P.Ed SEM III Batch 2024 W.e.f: 23 JULY 2025**

DAYS/TIME	10:00 – 11:00	11:00 -12:00	12:00-1:00	1:00-2:00
Monday	Measurement and Evaluation	Research and statistics in physical education:	Education technology and Computer Application	--
Tuesday	Education technology and Computer Application	Research and statistics in physical education:	Sports Training	--
Wednesday	Measurement and Evaluation	Sports Training	Research and statistics in physical education:	Education technology and Computer Application
Thursday	Measurement and Evaluation	Research and statistics in physical education:	Sports Training	Education technology and Computer Application ( LAB)
Friday	Measurement and Evaluation	Sports Training	Education technology and Computer Application	--

Research and statistics in physical education: Sachin Rathore -04  
 Education technology and Computer Application: Comp. Dept.-04

Measurement and Evaluation: Ramandeep Singh/Varinder Singh -04  
 Sports Training: Sandeep kumar -04

**B.P.Ed SEM-I W.e.f: 04 Aug 2025**

DAYS/TIME	10:00 to 11:00 AM	11:00 to 12:00 PM	12:00 PM to 01:00 PM	01:00 PM to 02:00 PM
<b>MONDAY</b>	Kinesiology & Biomechanics	History, Principles & Foundation of Phy. Edu.	Yoga Education	Anatomy and physiology
<b>TUESDAY</b>	Kinesiology & Biomechanics	History, Principles & Foundation of Phy. Edu.	Yoga Education	--
<b>WEDNESDAY</b>	. Anatomy and physiology	History, Principles & Foundation of Phy. Edu	Yoga Education	--
<b>THURSDAY</b>	History, Principles & Foundation of Phy. Edu.	Anatomy and physiology	Kinesiology & Biomechanics	--
<b>FRIDAY</b>	\Kinesiology & Biomechanics	Yoga Education	Anatomy and physiology	--

History, Principles & Foundation of Phy. Edu. - -04 Gurpreet Singh  
 Kinesiology & Biomechanics– Harpreet Kaur -04

Anatomy and Physiology- **Nirbhey Singh**  
 Yoga Education - Dr. Kamaljeet Kaur -04



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**THEORY TIME TABLE (2025)**

**Diploma in Gatka (SEM-I)**  
**(BATCH- 2025) W.e.f: 04 Aug 2024**

DAYS/TIME	10:00 A.M. – 11:00 A.M.	11:00 A.M. – 12:00 NOON	12:00 NOON-01:00 P.M.	01:00-02:00 PM
<b>MONDAY</b>	Training aspects in Gatka	Introduction of Martial Art -	Kinesiology in Gatka	--
<b>TUESDAY</b>	Anatomical & Physiological Aspects in Gatka	Introduction of Martial Art -	Anatomical & Physiological Aspects in Gatka	Kinesiology in Gatka
<b>WEDNESDAY</b>	Training aspects in Gatka	Training aspects in Gatka	Kinesiology in Gatka	--
<b>THURSDAY</b>	Introduction of Martial Art -	Anatomical & Physiological Aspects in Gatka	Kinesiology in Gatka	--
<b>FRIDAY</b>	Introduction of Martial Art -	Anatomical & Physiological Aspects in Gatka	Training aspects in Gatka	--

- Introduction of Martial Art - 04
- Anatomical & Physiological Aspects in Gatka practical – 04
- Training aspects in Gatka - 04
- Kinesiology in Gatka – 04

S. Talwinder Singh  
Harjinder Kaur  
Sachin Rathore  
Gurwinder Singh

